

UNIVERSITY OF NAPLES FEDERICO II

A SMART GUIDE



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PASSPORT AND VISA

If you're a student from outside the EU, you'll need the D National Visa to study in Italy. This visa is made specifically for students. Get in touch as soon as possible with your local Italian Consulate. After reading all the instructions on their website, you can schedule an appointment and discuss the procedure with them. Be sure to allow extra time for your visa application. For more info check the official website of the Italian Ministry of Foreign affairs:

<http://vistoperitalia.esteri.it/home/en>.



HEALTH INSURANCE



To benefit from health services, non-EU students should get an insurance cover against the risk of illness, injury and maternity either by:

- Underwriting an insurance policy with an Italian or foreign insurance company, valid in Italy
- By voluntary registering in the National Health Service: Service extends to family members (Art. 34, para. 3, Decree 07/25/98) To register for the National Health Service there is a fee, as co-payment: an annual contribution on total income earned in the previous year in Italy and / or abroad. The contribution for voluntary registration is valid for a calendar year (from January 1 to December 31) and it cannot be split and has no retroactive effect.

MONEY

The currency in Italy is Euro €.

In the following link, you can find information about the costs of living in Naples (it's an average, it can change according to your lifestyle):

<https://www.numbeo.com/cost-of-living/in/Naples>.

A. Credit/Debit Cards

If your credit/debit card PIN is more than 6-digits long, please reduce it preferably to 4 digits or to a maximum of 6. Anything over that, will fail on a European ATM or PinPad and you will be out of money.

B. Popular banks in Italy

If you want to open a bank account in Italy, you need have in hands your passport and Codice Fiscale, or Fiscal Code. If you need to get a Fiscal Code, go to the Agenzia Delle Entrate (Revenue Agency), Direzione Provinciale di Napoli with your passport.

INTESA SAN PAOLO

<https://www.intesasanpaolo.com> Banco di Napoli Spa, Via Toledo, 396, 80132 Napoli NA

UNICREDIT

<https://www.unicredit.it/it/contatti-e-agenzie/lista-agenzie/na/napoli/napoli-umberto-i-ag00604.html> Corso Umberto I, 164
80138 Napoli NA

UFFICIO POSTALE

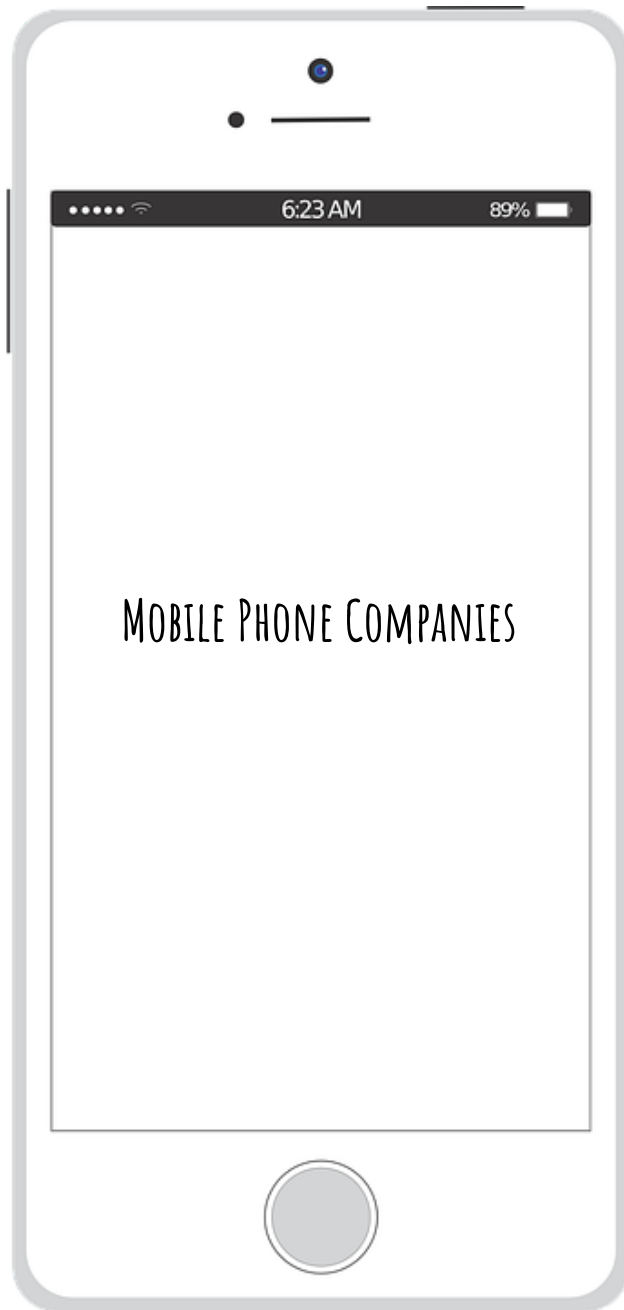
(POSTEPAY CARD) <https://goo.gl/maps/P7XEKqWmWsk> Corso S. Giovanni a Teduccio, 285, 80146 Napoli NA

VIRTUAL BANKS:

N26 <https://www.n26.com/en-it/>

REVOLUT

<https://www.revolut.com/it/>



If you have a European SIM card you can use it with the price plan of your country (“Roam like at home”). This means that there are no roaming charges.

However, it’s not meant to be used for permanent roaming. Mobile phone companies apply a rule called “fair use policy”, which changes basing on the contract that you have.

If you are considering instead to get an Italian SIM card, there are 4 Main Network Operators (MNO): Vodafone, TIM, 3 (H3G) and Wind.

There are also some MVNO (Mobile Virtual Network Operators) available like Ho, Kena Mobile and Iliad. The difference between MNOs and MVNOs is that while MNOs use their repeaters, MVNOs do not have their connection infrastructure and use instead the one of the MNOs.

You can easily find these stores at the airports and train stations.

Vodafone: www.vodafone.it/

TIM: www.tre.it/

WIND: <https://www.wind.it/privati/>

HO: <https://www.ho-mobile.it/>

ILIAD: www.iliad.it/



TRAVELLING TO NAPLES AIRPORTS

Naples Airport

Viale F. Ruffo di Calabria, 80144 Napoli NA <https://goo.gl/maps/j4EbQTmx7cU2>

The Airport Bus:

If you need to go to the Airport or the Port, there is a dedicated bus named Alibus (http://www.anm.it/index.php?option=com_content&task=view&id=1314&Itemid=373), which leaves from Piazza Garibaldi, in front of the station. The ticket costs €5.00 .

* A bus is available around each 20 minutes, from the station to the airport, the trip lasts arounds 20 minutes, depending on the traffic.

Rome Airport - Fiumicino

Via dell' Aeroporto di Fiumicino, 00054 Fiumicino RM
<https://goo.gl/maps/C4hWRQhBkzC2>

Rome Airport - Ciampino

Via Appia Nuova, 1651, 00040 Roma RM <https://goo.gl/maps/b1xtcm5t4vx> To get to the city centre from Ciampino Airport we recommend to avoid taxis. Get instead on bus n. 520 and get off after 10 stops in Tuscolana/Cinecittà (MA), in front of the movie studios. There you will find a Metro station of the central line. The bus is in service between 5:30am and 11:30pm.

Remember to buy an ATAC ticket before leaving the airport, inside the arrivals area, as they do not sell them on board of the bus. The cost is €1.50 and you can use it on any transport for 100 minutes and one ride on the metro.

Milan Malpensa Airport

21010 Ferno VA
<https://goo.gl/maps/izcxLAt8aaD2>
Milano Linate Viale Enrico Forlanini, 20090 Segrate MI
<https://goo.gl/maps/Bpqjc6B8sRR2>

TRAIN STATIONS



Roma Termini Train Station Piazza dei Cinquecento, 00185 Roma <https://goo.gl/maps/eZ9gp3ENaEQ2>

Napoli Centrale Train Station Piazza Garibaldi, 80142 Napoli <https://goo.gl/maps/5FMUt6r1n3p>

You can book your train using the following websites:
<http://www.trenitalia.com> <http://www.italotreno.it>

Possible Routes To Naples

If you're arriving in Italy by plane: Rome Airport (Fiumicino/Ciampino) -> Roma Termini Rail Station -> Napoli Centrale

Milan Airport -> Milan Rail Station -> Napoli Centrale



WHERE TO LIVE

A. Suggested Places Naples is the 3rd biggest city in Italy. Here you can read a little about the areas of the city (in Italian “quartieri”):
https://it.wikipedia.org/wiki/Quartieri_di_Napoli.

1) The official halls of residence in Pozzuoli.

Residenza Pozzuoli Via Rosini n. 12 | 80078 Pozzuoli (NA)

<https://www.unina.it/documents/11897/6203334/Residenze+universitarie+per+studenti%2C%20ricercatori+e+docenti/d3c44f8d-9b76-4554-8afb-obdc41863a81>

2) City Centre It’s a touristic area, full of foreigners, bars, places to visit.

3) Napoli Centrale The main train station in Naples.

B. Where To Look For a Place To Live Websites (better if you’re looking for a place only for you or your family):

<https://www.idealista.it/> <https://www.immobiliare.it/> <https://www.subito.it/> <https://www.casa.it/> <https://www.mioaffitto.it/>

Facebook groups (if you’re willing to share a house or room):

<https://www.facebook.com/groups/AFFITTI.NAPOLI> <https://www.facebook.com/groups/affittinapolicentro/>

<https://www.facebook.com/groups/affittasianapoli/>

Apartment (1 bedroom) in City Centre 515.88 € 350.00-650.00

Apartment (1 bedroom) Outside of Centre

338.24 € 250.00-500.00

Apartment (3 bedrooms) in City Centre 928.12 € 800.00-1,200.00

Apartment (3 bedrooms) Outside of Centre

666.43 € 500.00-800.00

COSTS OF LIVING

Milk (regular), (1 liter)	1.23 €	1.00-1.50
Loaf of Fresh White Bread (500g)	1.10 €	0.70-1.50
Rice (white), (1kg)	1.40 €	1.00-2.00
Eggs (regular) (12)	2.40 €	1.98-3.00
Local Cheese (1kg)	10.20 €	8.00-13.00
Chicken Breasts (Boneless, Skinless), (1kg)	6.88 €	6.00-8.00
Beef Round (1kg) (or Equivalent Back Leg Red Meat)	15.00 €	12.00-16.00
Apples (1kg)	1.87 €	1.00-2.00
Banana (1kg)	1.68 €	1.00-2.00
Oranges (1kg)	1.50 €	1.00-2.00
Tomato (1kg)	1.82 €	1.00-2.00
Potato (1kg)	0.95 €	0.80-1.50
Onion (1kg)	0.93 €	0.80-1.00
Lettuce (1 head)	0.87 €	0.50-1.00
Water (1.5 liter bottle)	0.45 €	0.30-0.90
Bottle of Wine (Mid-Range)	5.00 €	4.00-6.50
Domestic Beer (0.5 liter bottle)	1.24 €	1.00-2.00
Imported Beer (0.33 liter bottle)	2.20 €	1.50-3.50
Cigarettes 20 Pack (Marlboro)	5.40 €	5.00-5.50

TRANSPORTS

One-way Ticket (Local Transport)	1.20 €	1.10-1.30
Monthly Pass (Regular Price)	40.00 €	35.00-42.00
Taxi Start (Normal Tariff)	5.00 €	3.50-6.50
Taxi 1km (Normal Tariff)	1.04 €	1.00-1.37
Taxi 1hour Waiting (Normal Tariff)	22.50 €	18.00-22.50

UTILITIES

Basic (Electricity, Heating, Cooling, Water, Garbage) for 85m2 Apartment	156.46 €	100.00-300.00
1 min. of Prepaid Mobile Tariff Local (No Discounts or Plans)	0.08 €	0.01-0.17
Internet (60 Mbps or More, Unlimited Data, Cable/ADSL)	27.22 €	20.00-40.00

CLOTHING

1 Pair of Jeans (Levis 501 Or Similar)	53.16 €	25.00-90.00
1 Summer Dress in a Chain Store (Zara, H&M, ...)	22.15 €	17.00-30.00
1 Pair of Nike Running Shoes (Mid-Range)	66.76 €	40.00-100.00
1 Pair of Men Leather Business Shoes	92.14 €	50.00-150.00

These data are based on 1000 entries in the past 18 months from 102 different contributors.

Last update: February 2019

WELCOME DESK



The company International Students Union (ISU) will help you finding accommodation in Naples.

The service, offered on behalf of the University of Naples Federico II, is free of charge.

It is the only company that officially cooperates with the University. International Students Union (ISU) is an outsourcing company that provides management consulting and services, combining unparalleled experience and comprehensive capabilities across all the welcome services for international students.

Contacts:

International Welcome Desk

Largo Santa Maria La Nova, 12 – 1st floor on the left- 80138 Napoli

Opening time Mon – Wed – Fri 10 – 14.00 / Tue – Thu 10 – 16.30

Ph. +390810482669 – mob. +393245947719

internationalwelcomedesk@unina.it

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